

80% OF HEALTH OUTCOMES ARE DRIVEN OUTSIDE CLINICAL SETTINGS



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ADDRESSING PATIENTS' SOCIAL NEEDS

An Emerging Business Case for Provider Investment

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ABSTRACT

Despite growing
needs in clinical
an academic to
patients' health
tives for provid
patient satisfac
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nomics and go
good business

Social determinants and collaborative health care: Improved outcomes, reduced costs

Implications and opportunities
for health plans and states



Overview

Three factors can dramatically influence a person's health status and associated health care costs: physical health, behavioral health, and social determinants. Research has shown that collaborative care models which address behavioral and physical health or programs which address social determinants have independently generated improved patient outcomes. However, these factors are inextricably linked; combining social determinants with collaborative care models further improve individual and overall outcomes, and provide the cost savings that health plans and states are looking for. This paper reviews some of the individual and collective impacts that physical health, behavioral health, and social determinants have on individuals and the US health system. It examines how collaborative care models can help to improve outcomes and lower costs; challenges to implementing integrated care; and suggests implications and opportunities for health plans and states.

Introduction

Traditionally, physical health has been the primary clinical and financial focus of US health care stakeholders: providers, payers, life sciences companies, employers, people receiving services, and US federal and state governments. Yet, even though the US spends the most on health care across all countries – 16.9 percent of GDP in 2012, the highest share among Organization for Economic

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