# WHY FINANCIAL ENGAGEMENT IS THE LINCHPIN FOR CONSUMER ENGAGEMENT

Jack Gehrke, Head of Consumer Digital Payments, Payflex / Aetna Consumer Health Solutions Stuart Hanson, SVP & GM, Consumer Payments, Change Healthcare

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### **Agenda**

- △ Overview
  - Industry Context: Consumerism
  - Challenges for All Stakeholders
- ∆ Technology Perspective
- △ Health Plan Perspective
  - Benefits of enhanced consumer engagement
  - What do consumers expect / need from health plans
- △ Wrap Up
  - Conceptual solution
  - · Summary of lessons learned
  - Q&A



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Overview & Trends

## **INDUSTRY CONTEXT: CONSUMERISM**



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#### U.S. healthcare payments overview Not including \$68B of bad debt Consumers U.S. Healthcare \$339B spending was "Retail revenue \$485B \$824B cycle" estimated at \$3.2 trillion<sup>(4)</sup> in "Wholesale **Employers Payers Providers** 2015, or ~18% of revenue Physicians \$829B cycle" GDP. The CBO Hospitals \$829B \$1,489B Pharmacies expects spending to Government<sup>1</sup> grow to \$5.4 \$74B \$145B trillion, or ~20% \$847B \$1,266B of GDP, by 2024 Fee For Service Medicare Managed Medicaid Medicare & Medicaid3 CHANGE

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# Consumerism is changing the game, driving an increasing volume of payments from consumers

#### Market factors

- Over 6x growth in HDHPs in past 10 years
- Estimated 16.3M future total marketplace enrollments
- 46% increase in individual plans
- Consumers demanding simple, retail experience



\$350 B

Total consumer payments in 2015

#### **Impact**

- Engagement and reimbursement models
- Payment and collections strategies
- Digitization of healthcare information
- Compliance and regulatory complexity



http://www.usnews.com/news/articles/2016-07-13/health-care-spending-shifts-more-costs-to-consumers-government-

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### What's happening?



- Consumer financial responsibility is skyrocketing
- Consumers are learning how to manage – shopping for care, services, but still struggling
- Less than 1 in 4 consumers are prepared for any financial surprise over \$1,000
- They expect it to be Amazon simple
- Who do they trust? Any for what?

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## Growing individual market and increasing member cost share

46%

The individual insurance market grew at 46%, according to the Kaiser Family Foundation (KFF) in the first full year of ACA marketplaces

15.5 million members signed up for individual plans



AVERAGE INDIVIDUAL OUT-OF-POCKET COSTS

According to the latest Health Care Cost Institute report, out of pocket costs have risen 4% to an average of \$800/member



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Impact on consumer payment behavior & providers

**Dynamics** 

Consequences

Growth in high deductible health plans

Increased stress on provider to collect directly from patients

600% **INCREASE** 

in high-deductible health plan adoption from 2005 to 2013

Consumerism drives increased focus on billing experience

Maximizing collections requires multiple payment channels and ...

paid their bill in full paid their bill in full

... drives patient satisfaction through the last step of the healthcare episode, patient billing

Unsatisfied

**Fully Satisfied** 

would return for would return for future service

future service CHANGE

**Technology** 

# **Technology Perspective**



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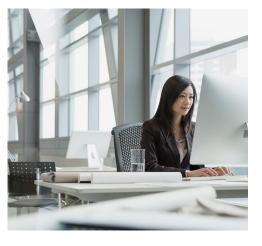
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# Powering engagement across the journey

"5 RIGHTS" of consumer engagement

- Right person
- Right message
- Right time
- Right channel
- Right reason





Source: HiMSS, mHealth Innovation

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## Shifting to be consumer-centric

#### Research approach

- Used Human Centered Design to inform product and experience design—Projekt202
- 100's of interviews, 20 in-home intercepts
- Payer / Provider SMEs interviewed
- 800 quotes analyzed, 30 concepts ready for testing

#### Patient personas



"It's like...you really have to delve deep into the paperwork to understand how it works...
it should be more self-explanatory!"

Source: Projekt202, Change Healthcare

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# Findings: keys to engaging healthcare financial communications

Consumers stick to habits & trust what they understand



- Simple and understandable simple language and avoid information overland
- Discounts are nice, but consumers question the "real" charge
- Create a consolidated view of charges from all parties—by episode, not encounter
- Frictionless payment with easy access to accounts – HSA, FSA, bank, credit, or debit
- Let the consumer know where to get help
   where to go and whom to call



Source: Projekt202, Change Healthcare

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Innovation

### **HEALTH PLAN PERSPECTIVE**



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# The #1 solution that consumers want and expect from Aetna is to help them achieve "stress-free payments"



\$350B

size of healthcare consumer payments market

- A 'no surprises' payment process
- Help understanding expected costs pre-care
- Digital, easy pay methods for billing
- Easy issue resolution post-care

Source: Innosight consumer research completed for Aetha (May 2014). Of the five concepts tested, the most universally appealing concept revolved around addressing a simplified healthcare payment process



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## **Current consumer payment issues**



- Have I gotten the bill yet for this claim?
- Paying health care bills is, quite frankly, at the bottom of my to-do list.
- What is this bill for? Does this match what Aetna shows?
- I am sick of calling or writing checks to so many providers.

# Can someone please make this easier?!



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# Consumers face a quagmire that reduces likelihood of payments

Healthcare bills are confusing

- They all look different
- They often have confusing terminology, acronyms, and abbreviations
- They often have incomplete information
- They are processed at different times and received in a non-specific order



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# Consumers to Providers to Employers – What do they really want?

Consumers

"Make paying for health care coverage and services faster, simpler and more convenient"



**Providers** 

"Make it easy for patients to understand their payment responsibility and provide them with the tools they need to process their payments quickly and efficiently"

**Employers** 

"Help my employees anticipate health care costs, understand their products, savings, and payment options to maximize health care dollars so they can access care they need, when they need it"



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### What success with financial engagement looks like

Win for Providers: Reduce bad debt, increase collections

Win for Consumers: Simple, easy to understand bills and ways to pay

Win for Payers: Increase the strength of your relationship with your members and providers

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A unified financial statement leverages financial touchpoints to drive member engagement



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## **Q&A / speaker contact**

Jack Gehrke

Head of Consumer Digital Payments
Payflex / Aetna Consumer Health Solutions
GehrkeJ@aetna.com

Stuart Hanson

SVP & GM, Consumer Payments

Change Healthcare

<u>StHanson@changehealthcare.com</u>



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